



INFORMATION FOR A SAFER DANCE SCHOOL

NHS

Do not leave home if you or someone you live with has any of the following:

- a high temperature
- a new, continuous cough
- a loss of, or change to, your sense of smell or taste

[Check the NHS website if you have symptoms](#)

DO

- COME TO DANCE IF YOU ARE WELL
- REMEMBER TO WASH YOUR HANDS REGULARLY
- SANITISE BEFORE CLASS
- KEEP SOCIALLY DISTANT AS BEST AS POSSIBLE
- LISTEN TO THE TEACHERS GUIDELINES
- RESPECT THE VENUE AND OTHER HIRERS
- TELL US IF YOU OR A FAMILY MEMBER HAS HAD CORONAVIRUS
- TELL US WHERE YOU HAVE BEEN ON HOLIDAY
- PAY ATTENTION TO PICK UP AND DROP OFF CHANGES
- ARRIVE IN WARM UPS IN THE COLDER MONTHS AND BE READY TO DANCE PROMPTLY
- WEAR THE CORRECT DANCE SHOES, NO BARE FEET.
- KNOW PROTOCOLS FOR ENTERING AND EXITING THE BUILDING
- KNOW WHICH STUDIO YOU WILL BE USING

DO NOT

- DO NOT COME TO CLASS IF YOU HAVE ANY OF THE COVID-19 SYMPTOMS ABOVE
- DO NOT COME TO CLASS IF YOU HAVE NOT QUARANTINED AFTER TRAVELLING ABROAD
- DO NOT BRING EXCESS BAGS AND EQUIPMENT INTO THE HALL/CLASS EXCEPT FOR A PDT LESSON
- THE HALL FOYER IS OUT OF BOUNDS. WE HAVE A SAFE HOLDING AREA FOR THE STUDENTS.